



Please read this manual before using the product to fully understand its use and operation.

CAUTION:

- The company reserves the right to modify the contents of this guide without any further notification. Some functions may vary in certain versions of software.
- Please charge this product with the charger provided for no less than 2 hours before using it for the first time. Use only the charger that is included with the product. Make sure that the charger and the smartwatch are properly connected while charging. Do not charge if the watch has water (or sweat) to avoid short circuits and damaging the product.
- Avoid hitting the smartwatch, it could break the glass.
- The waterproof rank is IP68, therefore the smartwatch can be used for daily life. But the smartwatch cannot be used for diving or be under water for a long time. In addition, the smartwatch cannot be used in shower/baths with hot water (since the water steam will damage it) or in salt water (as if it gets into the watch, it will corrode the internal parts).

System Requirements:

Android: Android 4.4 or above

iPhone: iOS 8.0 or above

Bluetooth: 4.0

Download and install the application

1. Go to our website www.mareasmart.com and find your smartwatch model. The model number is found on the back of the smartwatch (it starts with "B" and is followed by five digits).
2. Download and install on your phone the official app that corresponds with your smartwatch model.
3. Open the app and enable all the permissions that the app requests.
4. Turn on Bluetooth on your phone.

5. Make sure that the smartwatch has not been linked directly through Bluetooth to your phone. If so, unlink it.
6. Bind your Marea Smart through the app.

Notes on linking:

- Only one smartwatch pairing application should be installed on the phone to ensure that the connection with the smartwatch is normal. If several applications are connected, they can affect the connection between the watch and the phone. Some Android phones will prompt you that you cannot install them. Please go to phone settings and authorize the 'Unknown source'.
- When the mobile phone requests permissions, click "Allow". On the contrary, you may not receive notifications, scan QR codes, open the remote camera or use other functions. These permissions do not affect the flow of the phone or other information on the phone.
- Some Android phones may accidentally close the app when cleaning the applications. Please keep the app running in the background. To turn on this function on your phone: open the phone settings - application management – official application - rights management - backstage management - select background running. The setting method may be different due to different mobile phone versions and models.
- For iPhone: if the phone is in standby or hibernation mode for a long time (for example, for 2 hours or more the phone has not been in use and the screen is off), the application will be closed by the iOS system, so the application and the watch will be disconnected and the application functions will not be available. Re-activate the phone and it will automatically reconnect.

Operation of smartwatch

Home screen selection

- Long press the touch screen to change the home screen. There are 3 different styles to choose from:



Turn on/off

- Press and hold the upper button to turn on/off the smartwatch.
- Short press the upper button or touch the screen to activate the watch when in standby mode.

Access main menu

- Touch the screen to enter the main menu.
- Touch the screen to go from one function to the next.
- Long press the screen to enter each function submenu.

Main functions in smartwatch

The main menu includes the following functions:



Steps

Shows the steps taken on the current day. The data is cleared at 00:00 every day. You can check the historical data on the app.



Calories

Shows the calories consumed on the current day. The data is cleared at 00:00 every day. You can check the historical

data on the app.



Distance

Shows the distance walked on the current day. The data is cleared at 00:00 every day. You can check the historical data on the app.



Sleep

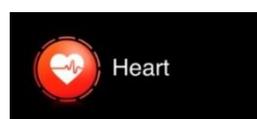
If you have worn the watch during the previous night, it shows the sleep time of last night. On the app you can check the historical data, as well as sleep info in more detail.



Heart

Includes heart rate, blood pressure and blood oxygen tests.

Long press the screen to enter the interface. The heart rate measurement will start automatically. Wait until the test ends and the result will be shown on the screen. Short press the screen to start the blood pressure test and short press again to start the blood oxygen test. All test results will be saved in more detail on the app.



Heart rate

Takes a heart rate measurement.



Blood pressure

Takes a blood pressure measurement.



Blood oxygen

Takes a blood oxygen measurement.

Notes on health functions:

- Heart rate, blood pressure and blood oxygen monitoring require the watch and arm to be in contact, and the watch should not be too tight or too loose. The test can be inaccurate if it is too tight because it will affect blood flow, and if it is too loose because it will affect the monitoring of the heart rate sensor.
- The results of the smartwatch measurements are for reference only and cannot substitute in any case for any medical test. Please follow your doctor's instructions and do not rely solely on these results for an evaluation.



Training

Includes 7 different sport modes (running, cycling, badminton, football, pingpong, skipping, tennis).

Long press the screen to enter the interface. Short press to go to the next sport mode. Long press the screen on the desired sport to start the measurement. Short press the screen to see the different units that are being measured. Long press to pause/continue. To exit, long press to pause and then short press to

return to previous menu.



Messages

Shows the last 3 messages / notifications. Long press the screen to enter the interface. Short press to go to the next message. The last notification received will replace the oldest one. The phone and the watch must be linked and within the Bluetooth range. On the app you can select what type of notifications you want to receive on the smart watch.



More Functions

Long press the screen to enter its menu and short press to go to the next function. Includes the following options:



Brightness

You can increase/decrease the brightness of the screen. Long press the screen to enter its interface and short press to select the next level of brightness. Long press to return to the previous menu. The

brighter it shines, the more battery it will use.



Find phone

Long press the screen and the paired phone will ring so you can find it. The phone and the watch must be paired and within the Bluetooth range.



About

Long press the screen to see the Mac address and version number. Short press the screen to exit.



QR Code

Long press the screen to see the QR code that you can scan with your phone to download the app. Short press the screen to exit.



Reset

Long press the screen to reset the

smartwatch to factory settings. This function will erase all the data saved on the smart watch.



Off

Long press the screen to turn off the smartwatch.

Main functions on the app (they can only be used if the smart watch is linked)

Notifications

Activate notifications for each of the apps you want to receive notifications from on your watch. When the phone receives incoming calls, text messages or new notifications from the activated apps, these notifications are received on the smart watch as well. The last 3 messages / notifications can be viewed in the message interface on the smart watch.

Data synchronization

If the watch is successfully linked to the app, click to synchronize the latest data from the watch to the app.

Camera remote control

The camera on the phone will open and a camera icon will appear on the smart watch. Shake the smart watch and the phone will take a photo. The photo will be saved in the phone's gallery.

Note: When the camera usage request appears, select "Allow".

Raise wrist to turn on screen

If this function is activated, the smart watch's screen will turn on when you lift your wrist.

Sedentary reminder

If this function is activated, when you have been in the same position for a long time, the smart watch will vibrate and show a sedentary icon to remind you to get up and move.

Drink water reminder

If this function is activated, the smart watch will vibrate and show a water icon to remind you to drink water.

Alarm clock

You can set up to 5 alarms. When the time has come for an alarm to go off, the smart watch will vibrate and show the alarm clock icon.

Find smart watch

Click on this function and the smart watch will vibrate so you can find it. The phone and the watch must be linked and within the Bluetooth range.